## CAP4Kids

#### PARENT HANDOUTS

- After School/Camps/Mentoring
- Child Abuse
- Domestic/Community Violence/Trafficking
- Education Resources
- Food/ Nutrition/ Breastfeeding
- Immigration/Refugee Services
- Literacy
- Parenting Resources
- Pregnancy Resources and Infants
- Shelters
- Teen Resources

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Child Care/Respite Care
Early Intervention/Development
Employment/Job Training
Housing/Utilities

**Behavior/ Counseling/ Addiction** 

<u>Legal Services</u> Low Cost Health Care/Insurance

Physical Health Resources
Safety/Quit Smoking Resources

**Special Needs/Autism** 

## COVID-19 Info

### Philadelphia COVID-19 Helpline 1-800-722-7112 and info

Helpline and info for questions related to COVID-19. Click

here <u>www.phila.gov/2020-03-14-greater-philadelphia-coronavirus-helpline-opened-by-health/.</u> Updates also here <u>www.phila.gov/programs/coronavirus-disease-2019-covid-19/</u>

Download this amazing document that lists **Resources For families in Philly** including: FREE 24 hour a day video Lactation support app (Pacify); baby items (food, formula, diapers); WIC info; and things to do at home with your children as well as the COVID hotline. Click here for **English** and Spanish (coming soon)

#### **Information for Employees Affected by COVID-19**

If you are employed in Pennsylvania and are unable to work because of Coronavirus disease (<u>COVID-19</u>), you may be eligible for Unemployment or Workers' Compensation benefits. Click here for info <u>www.uc.pa.gov/Pages/covid19.aspx</u>

#### PA Department of Health COVID-19 Info

Click here for statewide response and

info www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx

#### **Philly COVID-19 Handouts English/Spanish**

Handouts in **English** and **Spanish** for families.

#### Free Meals and Safe Play spaces in Philly

Click here for locations and

info www.phila.gov/2020-03-14-find-free-meals-and-safe-spaces-for-students-while-schools-ar e-closed/

#### **PA Crisis Text Line**

For Mental health crisis at this time individuals can text PA to 741-741 (crisis text line)

#### PBS-How to talk to your kids about COVID

Click here for resource www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus

# KidsHealth info on COVID-19 (info, talking to children, more) Click here for great info to

use <a href="https://kidshealth.org/en/parents/coronavirus-landing-page.html?ref=search">https://kidshealth.org/en/parents/coronavirus-landing-page.html?ref=search</a>